

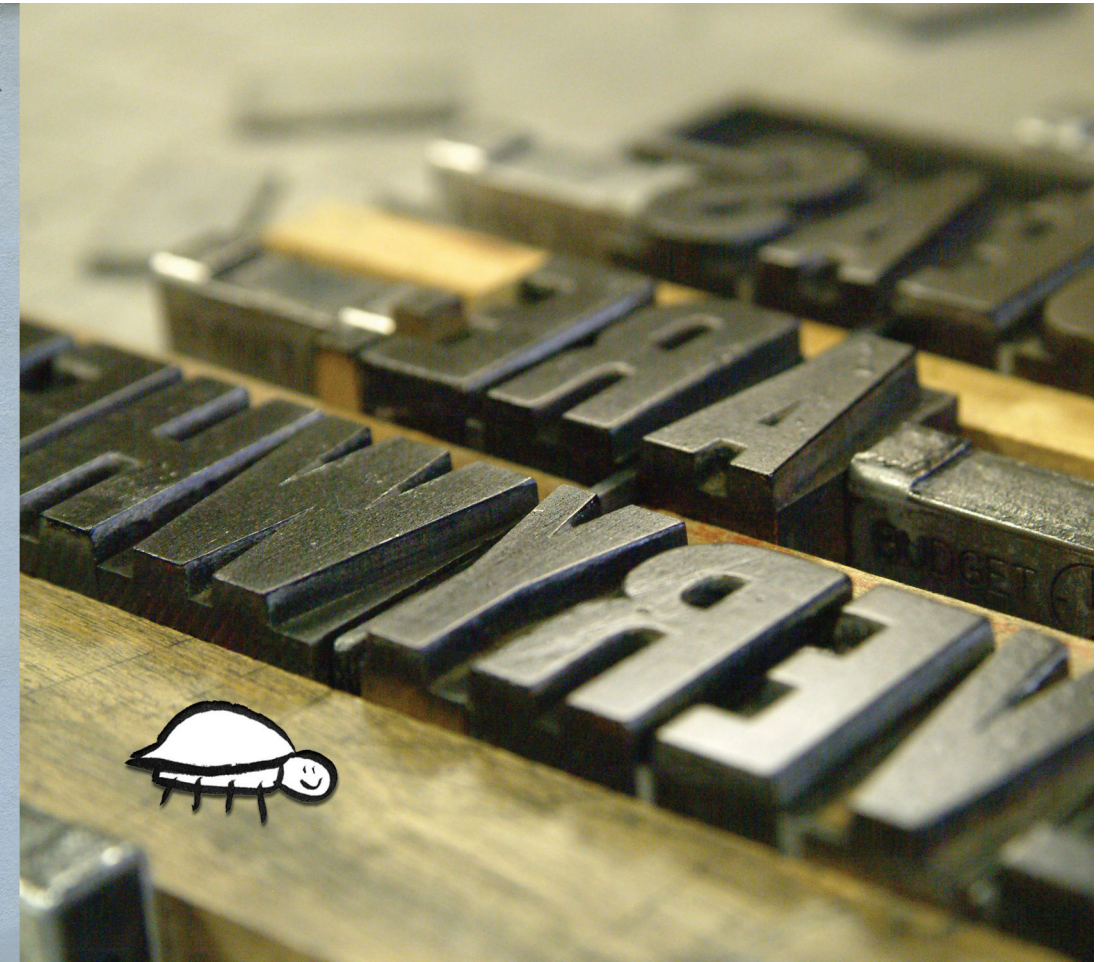
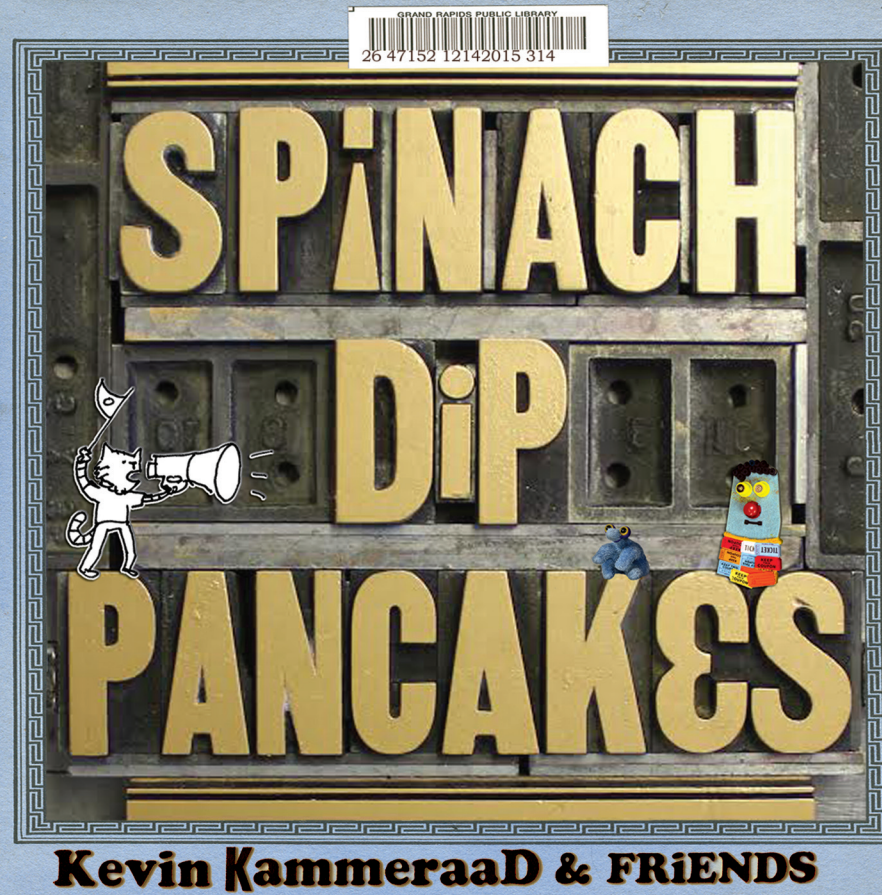
PRODUCED BY: Al McAvoy and Kevin Kammeraad
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 Graphic design by Kevin Kammeraad. www.kevinkammeraad.com



THE SONGS:

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| 1. Welcome | 16. Who Found It?
<i>Featuring Roger Day</i> |
| 2. Ain't it Great to be Crazy | 17. Yote ya Wezekana
(Anything is Possible)
<i>Featuring Les Clay</i> |
| 3. Pickle Low | 18. Wonder Canoe |
| 4. Spinach Dip Pancakes
(Last Night's Dinner)
<i>Featuring ScribbleMonster</i> | 19. Little Sparrow |
| 5. Anything is Possible | 20. I'm Bored |
| 6. On the Ceiling | 21. Todo es posible
(Anything is Possible)
<i>Featuring 123 Andrés</i> |
| 7. Run-on Rhymes | 22. Spinach Dip Pancakes
(This One is a Winner)
<i>Featuring ScribbleMonster</i> |
| 8. A Sea Cow? | 23. The Possibility
of Anything |
| 9. Found it in Mississippi
<i>Featuring Roger Day</i> | 24. That's a Wrap! |
| 10. True (Anything is Possible)
<i>Featuring Sligh</i> | |
| 11. Inquiring Minds | |
| 12. Mr. E | |
| 13. Zeedle Ziedle Zoo | <i>Bonus Tracks:</i> |
| 14. You're Great, You're Swell
(Song for Someone You Love) | 25. His Eye is on the Sparrow
<i>Featuring Grandma DeMaat</i> |
| 15. Game (Boo Lou and Boo Lou)
<i>Featuring Rachel Zylstra</i> | 26. This World is Not My Home
<i>Featuring Great Grandpa Brandt</i> |

Kevin Kammeraad and Friends Spinach Dip Pancakes: The Songs



1. **Welcome** Kevin Kammeraad - vocals /// 2. **Ain't it Great to be Crazy** Lyrics by: Kevin Kammeraad / Arrangement by: Danny Adlerman and Kevin Kammeraad / Bell arrangement by: Charles Hutchins / Kevin Kammeraad - vocals / Andy Holtgreive - vocals / Justin Haveman - additional vocals / Kurt Reil - acoustic guitar / Danny Adlerman - acoustic guitar / Peter Horvath - bass / Joel Ferguson - drums, electric guitar / Al McAvoy - scratch edits / James Dague - strings, electric guitar, crashes / Matthew "Sligh" West - talkbox / Embellish Handbell Ensemble - handbells / Music Director of Embellish: Stephanie Wiltse / Members of Embellish: Sue Cobb, Ryan Colburn, Russell Cooper, Linda Coppard, Kathy Hadley, Julie Hayes, Lauri Hoff, Stacy Holtsclew, Laura Jen, SuLin Kotowicz, Melissa Reiffer Cindy Reimink, Lisa Sandee, Lisa Vandertol, Dennis Willemsen, Heather Willemsen / Acoustic guitars and bass recorded by Kurt Reil at The House of Vibes / Strings and electric guitar recorded by James Dague / Talkbox recorded by Matthew "Sligh" West /// 3. **Pickle Low** Lyrics by: Kevin Kammeraad / Andy Holtgreive - vocals / Carmen Maret - piccolo / Piccolo recorded by Dean Wiers-Windemuller /// 4. **Spinach Dip Pancakes (Last Night's Dinner) - featuring ScribbleMonster** Lyrics by: Kevin Kammeraad / Music by: James Dague, Rrrraargh! Music (BMI) / James Dague - vocals, strings, balloons / Carmen Maret - piccolo / Recorded by James Dague /// 5. **Anything is Possible** Lyrics by: Kevin Kammeraad / Arrangement by: Kevin Kammeraad and Stacy Oldenberg / Kevin Kammeraad - vocals / Andy Holtgreive - vocals / Andrew Jacoby, Lisa Jacoby, and Spencer Blickley - backing vocals, whistling / Stacy Oldenberg - rhythm guitar, backing vocals, whistling / Brad Hartness - bass, backing vocals, whistling / Lou Musa - banjo, mandolin, acoustic guitar / Carolyn Koebel - percussion / Banjo, mandolin, acoustic guitar recorded by Lou Musa /// 6. **On the Ceiling** Lyrics by: Kevin Kammeraad / Music by: Jason Hammond and Kevin Kammeraad / Kevin Kammeraad - vocals / Jason Hammond - guitar / Recorded by Jason Hammond /// 7. **Run-on Rhymes** Lyrics by: Kevin Kammeraad / Music by: Jeremy Ensley and Kevin Kammeraad / Kevin Kammeraad - vocals / Wicker Basket - gizmos /// 8. **A Sea Cow?** Lyrics by: Stephanie Kammeraad / Music by: Steve Kammeraad, Kevin Kammeraad, Al McAvoy, and Joel Ferguson / Kevin Kammeraad - vocals / Andy Holtgreive - vocals / Al McAvoy - backing vocals / Joel Ferguson - guitar, bass, drums, piano, backing vocals / Steve Kammeraad - saxophone /// 9. **Found it in Mississippi - featuring Roger Day** Lyrics by: Kevin Kammeraad / Music by: Roger Day, Johanna Lee Music ASCAP / Roger Day - vocals, guitar / Kevin Kammeraad - vocals / Jason Hammond - banjo, electric guitar / Joel Ferguson - bass, drums, electric guitar / Roger's vocals and guitar recorded by Dave Hoffner / Bass recorded by Joel Ferguson /// 10. **True (Anything is Possible) - featuring Sligh** Lyrics and arrangement by: Kevin Kammeraad and Matthew "Sligh" West / Matthew "Sligh" West - vocals, talkbox, keyboard, drums / Meaghan Crabtree, Avalon Cutts-Jones, Lyssa Daniels - vocals / Joel Ferguson - Moog bass, synth, electric guitar / Meaghan, Avalon, and Lyssa recorded by Mark Rehl / Sligh's vocals, talkbox, keyboard, and drums recorded by Matthew "Sligh" West /// 11. **Inquiring Minds** Lyrics by: Kevin Kammeraad, Justin Haveman, and Mark Rehl / Music by: Mark Rehl and Kevin Kammeraad / Kevin Kammeraad - vocals / Justin Haveman - vocals / Graham Lince - baritone saxophone / Conrad Schaak - electric guitar / Meaghan Crabtree, Avalon Cutts-Jones, Lyssa Daniels - vocals / Recorded, mixed, and produced by Jupiter Jones at The Center of the Universe /// 12. **Mr. E** Lyrics by: Kevin Kammeraad / Music by: Al McAvoy and Joel Ferguson / Andy Holtgreive - vocals / Al McAvoy - additional vocals / Joel Ferguson - electric guitar, Rhodes piano, drums /// 13. **Zeedle Ziedle Zoo** Lyrics by: Maria Kammeraad, Stephanie Kammeraad, and Kevin Kammeraad / Music by: Maria, Stephanie, and Kevin Kammeraad, Al McAvoy, and Joel Ferguson / Kevin, Stephanie, Carlos, and Maria Kammeraad - vocals / Joel Ferguson - guitar, bass, drums / Michele Venegas - fiddle / Lou Musa - banjo / Carolyn Koebel -

percussion / Banjo recorded by Lou Musa /// 14. **You're Great, You're Swell (Song for Someone You Love)** Lyrics and music by: Kevin Kammeraad / Kevin and Stephanie Kammeraad - vocals / Al McAvoy - guitar, piano, chimes / Michael Schaeffer - accordion / Michele Venegas - fiddle / Carolyn Koebel - percussion / Special thanks: Danny Adlerman /// 15. **Game (Boo Lou and Boo Lou) - featuring Rachel Zylstra** Lyrics and music by: Rachel Zylstra (BMI) / Rachel Zylstra - vocals / Katy McAvoy - backing vocals / James Dague - acoustic guitar / Brian Hufnagl - bass / Michele Venegas - fiddle / Michael Schaeffer - accordion / Carolyn Koebel - percussion / Guitar and bass recorded by James Dague / Lead vocals recorded by Roy Wallace /// 16. **Who Found It? - featuring Roger Day** Lyrics by: Kevin Kammeraad / Music by: Roger Day, Johanna Lee Music ASCAP / Roger Day - vocals, guitar / Kevin, Stephanie, Carlos, and Maria Kammeraad - vocals / Joel Ferguson - bass, electric guitar, Rhodes piano, percussion, drums / Roger's vocals and guitar recorded by Dave Hoffner /// 17. **Yote ya Wezekana (Anything is Possible) - featuring Les Clay** Lyrics by: Kevin Kammeraad / Arrangement by: Kevin Kammeraad and Les Clay / Translation by: Les Clay / Virginie Tshiasuma, Grace Lusamba, Rebecca Mubiyayi, Jiji Lusamba, Judith Lusamba, Samson Lusamba, Ann Lusamba - vocals / Paul Mubiyayi - double stand conga and vocals / Carmen Maret - flute / Chaz Russell - steel drum / Oleg Kruglyakov - balalaika / Karen Dunnam - tuba / Flute recorded by Dean Wiers-Windemuller / Steel drum recorded by Chaz Russell / Balalaika recorded by Oleg Kruglyakov /// 18. **Wonder Canoe** Lyrics by: Kevin Kammeraad / Norah Brenner - vocals / Carmen Maret - flute / Flute recorded by Dean Wiers-Windemuller /// 19. **Little Sparrow** Music by: Danny Adlerman / Michele Venegas - violin / Carmen Maret - flute / Andrés Salguero - clarinet / Flute recorded by Dean Wiers-Windemuller / Clarinet recorded by Andrés Salguero /// 20. **I'm Bored** Lyrics and music by: Kevin Kammeraad / Kevin Kammeraad - vocals /// 21. **Todo es posible (Anything is Possible) - featuring 123 Andrés** Lyrics by: Kevin Kammeraad / Arrangement and translation by Andrés Salguero / Andrés Salguero - vocals, guitar, bass, tenor saxophone, drum programming / Recorded, mixed, and produced by Andrés Salguero /// 22. **Spinach Dip Pancakes (This One is a Winner) - featuring ScribbleMonster** Lyrics by: James Dague and Kevin Kammeraad / Music by: James Dague, Rrrraargh! Music (BMI) / James Dague - vocals, electric guitar, organ / Andy Holtgreive - backing vocals / Brian Hufnagl - bass, backing vocals / Jameson Dague - drums / Recorded by James Dague /// 23. **The Possibility of Anything** Lyrics by: Kevin Kammeraad / Music by: Mark Rehl and Kevin Kammeraad / Kevin Kammeraad - vocals, sounds / Mark Rehl - piano, keyboards, vocals / Conrad Schaak - electric guitar / Ha Homolka - vocals / Yosi Levin - vocals / Karen Dunnam - tuba / Linda Weesies - clarinet / Carmen Maret - flute / Andrés Salguero - saxophone / Stacy Oldenberg, Andrew Jacoby, Lisa Jacoby, Spencer Blickley, Brad Hartness - vocal percussion / Piano, keyboards, guitar, and vocals recorded by Jupiter Jones at The Center of the Universe / Saxophone recorded by Andrés Salguero / Flute recorded by Dean Wiers-Windemuller / Mixed and produced by Jupiter Jones /// 24. **That's a Wrap!** Kevin Kammeraad - vocals / Joel Ferguson - guitar, bass, drums, piano / Steve Kammeraad - saxophone /// 25. **His Eye is on the Sparrow - featuring Grandma DeMaat** / Grandma DeMaat - accordion / Recorded in Mexico by Rigoberto Mora, December, 1999 /// 26. **This World is Not My Home - featuring Great Grandpa Brandt** / Great Grandpa Brandt - trumpet / Recorded in Palmdale, California at the St. Mary's Spring Concert on April 27, 1964

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Executive Producer: Kevin Kammeraad
 Produced by Al McAvoy and Kevin Kammeraad

Recorded, engineered, and mixed by Al McAvoy *
 Mastered by Al McAvoy

Recorded at Atomic Sound and Planet Sunday Studios *

Lyrics based on the poetry of Kevin Kammeraad / Songs registered as Kevin Kammeraad and Friends (BMI) *
 * except where noted