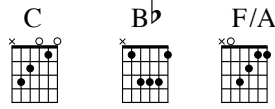


Up and Down Frowns (C)

Lyrics by
Kevin Kammeraad



Music by
John C. Lippi

C Bb C Bb C Bb

 Up and down frowns (Up and down frowns) Up and down frowns

C Bb C Bb C Bb C Bb

 (Up and down frowns) Up and down frowns (Up and down frowns) Up and down frowns

C Bb C Bb C Bb C Bb

 (Up and down frowns) The thoughts in my head go up and down, they do. They

C Bb C Bb C Bb C Bb C Bb

 do. Not sure what to do I'm left with a frown, boo - hoo, boo-hoo, boo - hoo. I

F C F C

 say to my-self it's a real bad day but on-ly if I choose to make it that way.

C Bb C Bb C Bb C Bb

 Up and down frowns (Up and down frowns) Up and down frowns (Up and down frowns)

C Bb C Bb C Bb C Bb

 Up and down frowns (Up and down frowns) Up and down frowns (Up and down frowns)

C Bb C Bb C Bb C Bb

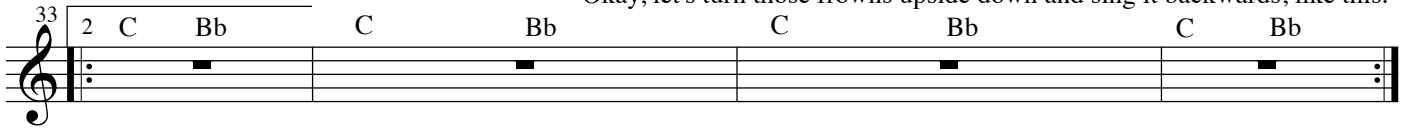
 (Guitar solo) The

N.B.--This is a call and response song.
The echoes are in parentheses.

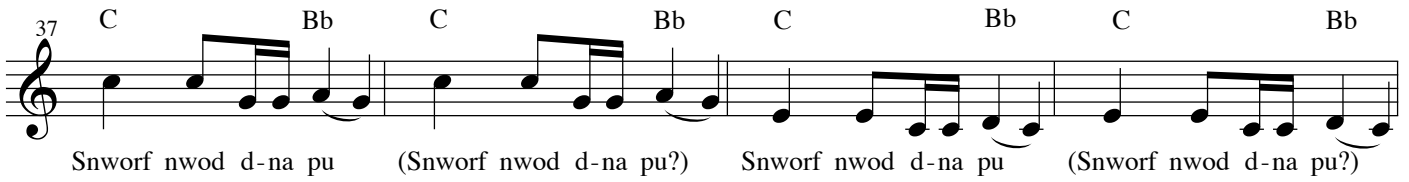
Text © 1999 Kevin Kammeraad
Music © 2000 John C. Lippi

Okay, let's turn those frowns upside down and sing it backwards, like this:

33 2 C Bb C Bb C Bb C Bb

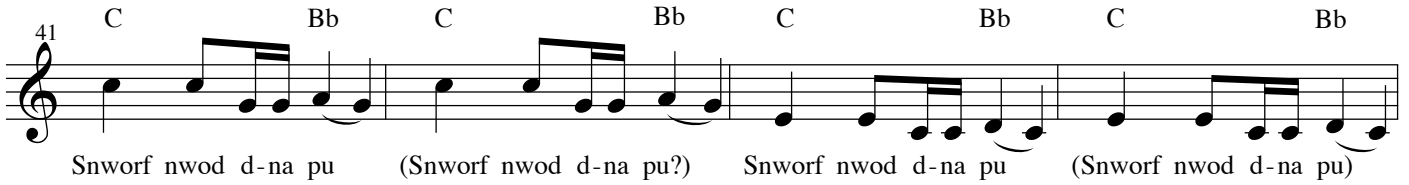


37 C Bb C Bb C Bb C Bb



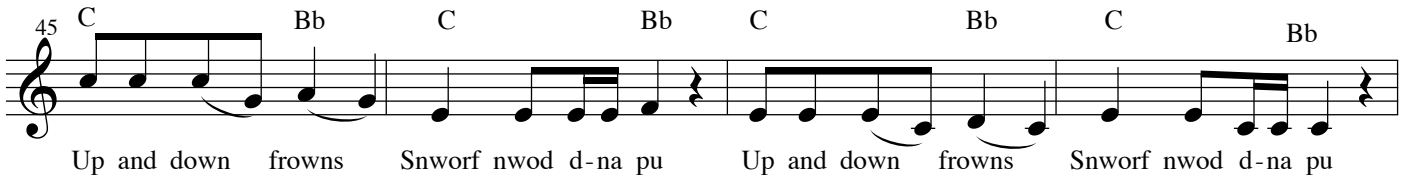
Snworf nwod d-na pu (Snworf nwod d-na pu?) Snworf nwod d-na pu (Snworf nwod d-na pu?)

41 C Bb C Bb C Bb C Bb



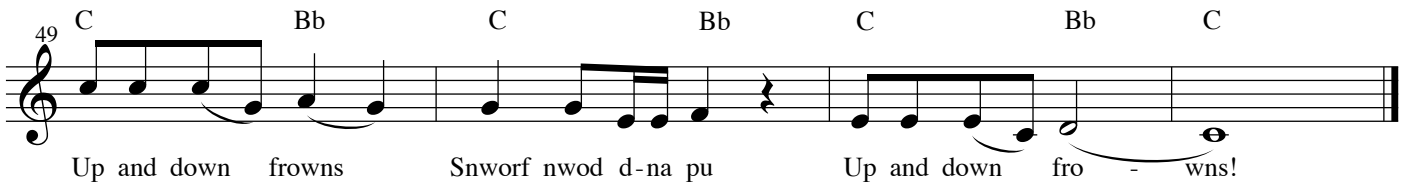
Snworf nwod d-na pu (Snworf nwod d-na pu?) Snworf nwod d-na pu (Snworf nwod d-na pu)

45 C Bb C Bb C Bb C Bb



Up and down frowns Snworf nwod d-na pu Up and down frowns Snworf nwod d-na pu

49 C Bb C Bb C Bb C



Up and down frowns Snworf nwod d-na pu Up and down fro - wns!